



Family Game Night: Holiday Minute to Win It

What better way to spend the holidays than quality time with family?

Minute to Win It is played with a series of challenges that each individual is given a minute to complete. Make a day out of it, or stretch the fun out by completing a few challenges each night!

Each task can be completed by either one individual at a time or in a head to head competition. A minute is the limit for each challenge. Record results and compare for a full competition, or just have fun with the silly challenges.

Hint: If you want to add randomness, cut each tag out and place in a bowl or hat to draw when beginning a new challenge.

STACK THE CUPS

MATERIALS: 36 plastic cups

HOW TO PLAY: Place one hand behind your back. Stack 36 cups in a pyramid in 1 minute or less using only one hand.

PLACE THE COOKIE

MATERIALS: small cookies

HOW TO PLAY: Put a cookie on your forehead and try to wiggle it down to your mouth. See how many you can get to your mouth in 1 minute!

NEW YEARS EVE COUNTDOWN

MATERIALS: 7 boxes, small bells

HOW TO PLAY: Fill 7 boxes with different quantities of bells (ranging from 5-35). Have the participant lift, rattle and listen to the boxes - and then arrange them in the order from least to greatest number of bells.

SNOWFLAKE RACE

MATERIALS: sheets of paper

HOW TO PLAY: Make paper snowflakes from your sheets of paper. Put a paper snowflake on the top of your head. Players walk from one end of the room to the next without their snowflake falling off and without using their hands.

PENGUIN WALK

MATERIALS: balloon(s)

HOW TO PLAY: Hold an inflated balloon between your legs and walk from one end of the room to the other. If the balloon falls out, start over.

MOUNTAIN SNOWBALL

TOSS

MATERIALS: 10 plastic cups, scrap paper

HOW TO PLAY: Stack up 10 plastic cups in a pyramid. Crumple up scrap paper into snowballs. Throw the snowballs at the mountain to knock it to the ground.

MARSHMALLOW TRANSFER

MATERIALS: chopsticks, mini marshmallows, coffee mug

HOW TO PLAY: Using chopsticks, transfer as many small marshmallows as possible from a pile into a mug.

REINDEER POOP

MATERIALS: Cocoa puffs, plastic spoon, cup

HOW TO PLAY: Scatter Cocoa Puffs all over a lawn or indoor space. Using a plastic spoon, scoop as much 'poop' as possible into a cup.

ROLLICK

MATERIALS: none.

HOW TO PLAY: Backwards charades! Have everyone act something out and have one person guess.

SNOWBALL FIGHT

MATERIALS: white paper

HOW TO PLAY: Make a dividing line through the middle of the playing area. Place a stack of white paper on each side. Have an individual or team on each side of the line. Was up the white paper and have a snowball fight. At the end of the minute, the side with the least number of snowballs on their side is the winner.

NUT TOWER

MATERIALS: large metal hex nuts, candy canes

HOW TO PLAY: Put metal hexagonal nuts on the table on their side (not flat). Pick up the nuts with a candy cane and vertically stack as many as you can.

WREATH SWISH

MATERIALS: wreath or other hoop, marshmallows, bucket

HOW TO PLAY: Have one person hold a wreath with a bucket behind it. Players throw as many marshmallows as possible through the wreath and into the bucket.

DEFY GRAVITY

MATERIALS: balloons

HOW TO PLAY: Give the player 3 inflated balloons. They have to keep all three balloons in the air for a minute.

TRAFFIC YAM

MATERIALS: sweet potato/yam

HOW TO PLAY: Push a sweet potato across the floor from one side of the room to another using just your nose.

NORTH POLE POP

MATERIALS: balloons

HOW TO PLAY: Players have to pop 10 inflated balloons using just their hands, while wearing winter gloves.

LET IT SNOW

MATERIALS: plastic spoons, cotton balls, cups

HOW TO PLAY: Fill a bowl with cotton balls. On the other side of the room, place an empty bowl. Players hold the plastic spoon in their mouth and use it to transfer cotton balls from one bowl to another. Transfer as many as possible in 1 minute.

BLOWN AWAY

MATERIALS: 36 plastic cups

HOW TO PLAY: Stack 36 plastic cups into pyramid. The participant inflates a balloon, aims it at the pyramid and then lets it go. Knock over as many cups as possible in 1 minute.

CEREAL SCRAMBLE

MATERIALS: empty cereal box, scissors

HOW TO PLAY: Cut the front of a cereal box into 14 squares. Reassemble the front of the box as quickly as possible.

APPLE STACK

MATERIALS: 5 apples

HOW TO PLAY: Stack five apples on top of each other. They must stay balanced for 3 seconds to succeed.